

# HANDEL GROUP

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CUSTOM SEMINARS

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## The Language of Accountability and the Nature of Excuses

“Accountability” -- the ability to manage oneself and others, to keep and maintain agreements, goals or deliverables, is the result of a “no-excuses” mindset. To the “accountable person,” it is a privilege to be reliable and produce results that are extraordinary or impeccable. In this seminar, we teach the language of accountability, which minimizes drama, excuses, explanations and justifications. Managers are trained to hold their direct reports to account without bullying or using force. The political and personal is eliminated, enabling results to soar.

## Powerful and Effective Communication

Often, our most important relationships tend to be the most complex. At times, effective communication is taken for granted. At other times we avoid important conversations because we predict how the communication will go even before it has occurred. This class offers participants tools for cultivating communication skills in a clear, direct, and simple manner, and maintaining this communication in all interactions with others.

## Understanding Your Personality

This course deals with individual personality traits and styles of behavior. Participants will investigate the source of their own personality, and learn skills for developing effective traits and abandoning negative traits, which do not serve them.

## Personal Integrity®

The Handel Method® is revolutionary in that we believe that Personal Integrity® is the most effective way to create and sustain true happiness in life. We train people to identify and define their Personal Integrity®, to learn to honor their own ideals and values in all matters, large and small. We believe that the more one addresses each and every area of one’s life, the happier one becomes. Deep happiness occurs when one’s entire life makes one proud. Personal pride, self-respect and dignity result from living true to one’s own ideals. We call these ideals Personal Integrity®.

## Listening and Your Inner Dialogue

This course deals with our natural tendency to shut down communication with others and the reality of a situation when under pressure or stress. When confronted by difficult situations, we often defer to our own inner dialogue, rather than truly listening and addressing the reality of a situation. Participants will learn how to differentiate their inner dialogue from reality, and learn concrete steps to effective listening.

## Developing your Team, Growing your Business

Often leadership is sacrificed by the day-to-day tasks of managing a business. This course will offer participants innovative ways to successfully navigate the challenges and dynamics of both a growing, or veteran business, while managing and expanding the capacities of employees and themselves.

## Being an Extraordinary Leader

Your team is a reflection on you. You must walk the talk. Great leadership includes the ability to listen to someone's truth even if it doesn't match yours. It includes owning your bad behaviors. This course teaches people to see their impact on their team, take ownership of anything that is not working and develop tactics to stop the bad behaviors in a fun and effective way while developing an effective team.

*The above listed topics have been developed & delivered to past & current clients. Different topics can and will be developed depending on your groups' needs and requests.*

